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May 2000

Dear Julie,

My sister **Liz said that she had spoken to** you about the HBOT treatments we had done with our children. I have 2 children with autism and we completed 40 treatments in San Diego in May, 2000. She mentioned that you might like to hear how the children are doing since their treatment. I first want to say that the tanks in San Diego at Sands Hyperbarics are great. **I went in with both of the children and all three of us were relatively comfortable (they were fine, I was a little squished)** but, they watched videos and I would read. Without the hoods it was easy. I have a friend treating her son in Santa Maria with the hoods and that is her whole battle.

Anyway, let me say that the kids began to show improvement right away.

My son is 9 and was somewhat verbal before treatments, obsessive behavior, stimming as a norm, my daughter is 2 and a half, nonverbal, somewhat aloof, both children are hyperlexic.

My daughter had very little interest in me before treatment, preferring my husband, her daily routine consisted of watching videos all day and "reading" her magazines and books. My son would typically play obsessive games to amuse himself, screaming to vocalize his needs for the most part, only using nouns to communicate. After the first few treatments my daughter said, "bye-bye". She also began to say, "mama". She is not consistent in her use of these words, but that she said them at all was a positive thing. She also began to seek me out to play. She definitely has shown more interest in her siblings as well. Her interest in videos has slowed down **and she is now** playing in our sandbox which was taboo before HBOT. She began to run (which **was not** there prior) **and is** attempting stairs one foot over the other versus one **stair at** a time. Overall she is more aware, less aloof, will look at me and smile when I say hello 2 out of 10 **times versus not at all**. We are pleased with her results and are looking forward to **40** more treatments in February.

My son! Oh how pleased we are with him **as well**. Because my daughter **is so young, we knew developmentally** where we were starting and expected her to move along accordingly **but my son** always seemed on the verge of something great. We believe HBOT helped push **him past** several **hurdles**. **He is now properly using pronouns, he tries so hard to get those words in order! He is using prepositions, conjunctions, and will repeat his sentences over and over until he is satisfied with how they sound. He has shown real emotion, told a lie! !, and is now able to tell me what is** wrong when he is upset. His language is really exploding. He says goodnight to me spontaneously, and let me tell you, my son was echolalic almost completely and that he should communicate like this is nothing short of a miracle and that is the point, God heals, and I believe he is using hyperbarics to change my children. For instance we live in Warren IL near Galena, which is a touristy town and they **had a Hot Rod car show going on all down the main street. I said to my son "Eric look at that blue car, isn't it cool?" He looked, and in the past we might have gotten that far, but we drove a little further and he said "Look at that green car, it's beautiful". Without any prompting at all, he also told me that he liked a certain game he was playing. I am absolutely thrilled but I must say** without hesitation again that I honestly believe only God heals (although I am of the mind that my children are not broken, just different). I believe He is using hyperbarics to do it. We have done every other treatment for my son. **ABA, AIT, gluten casein free diet, secretin, biofeedback, vitamin therapy, treatment for yeast control, elimination of food dyes and preservatives, everything except gamma globulin treatment, and although there was always something small or at least something to learn from all these treatments we never, ever, saw the results that we have through HBOT. If you did not know my children before you may not know what has changed, because we are at the beginning of the journey, we do not expect 40 treatments to be the cure an, but it was one heck of a start. Those who know them see a change. We look forward to the next set!**

I would gladly talk to anyone who wants to hear more about it because I think it is important to support each other through it all, there are many issues that arise during treatment, before during and after that need addressing, outbursts by the children somewhere around the 8th treatment, plateauing around the 30th, and so on and all

children will be different but it helps to kind of know what to expect. Also, not seeing many results, than going home only to find new skills emerging 2 weeks or so after you get home! My children's progress has not had a logical order, also chamber burnout from the mom and high expectations and let downs can be stressful. We all want the cure, we all want our kids with Autism kids to wake up and emerge from their world, every treatment brings new hope and new discouragement, I was very skeptical about this treatment, I read about it, prayed about it and left in the Lord's hands. He brought it all together for us and has blessed us through it. I would not lead a mother to such an expensive treatment if I did not believe there is something here for our kids. I am nervous to be so positive for fear one might mortgage their home and do the treatment and not get the results they expect as a direct result from my testimony, but please understand I have seen wonderful, long awaited things happen since hyperbarics and have 2 children to measure progress by. I also have strong faith as well so my recommendation is prayer first, if it is what He has for that person's child may He be with them! Thanks for your time and your wonderful website.

Testimonial #2

From: Michelle Divino

Subject: We did more treatments and would like to update

Dear Julie,

We did HBOT with our two children with Autism last year in May 2000 and have recently returned from San Diego after doing 27 more treatments with them. I would like to tell you how wonderful this has been for the kids.

My son (10) is just really a different child. He has not only acquired more language but is able to show me just how much he knows by verbalizing and now asking questions. He is so much more related. I cannot begin to tell of all the benefits because they daily improve.

My daughter (3) is also improving daily, with her it is difficult because my son's starting point had to be much higher than hers being that he is so much older so I'd like to say that if she stopped progressing somewhere around 1 year of age, she is now more like a 2 1/2 year old as far as her demeanor and like a 1 1/2 year old with language emergence. She says her abc's, counts, says her name, and is starting to sing and dance to music. She gets excited to see us come home when we are away, and is able to engage in play with her 4 siblings. She is understanding the word no, to the degree that we can stop temper tantrums by saying this to her, like our other children. We have now done almost 70 treatments with the kids. The second round showed improvements much more quickly than the first set. Isabel would play peek-a-boo through the porthole with the technician and really was agreeable to going in the chamber now.

We drove into Tijuana one day while in California and my son said "Goodbye California, hello Mexico" showing that he totally understood crossing a border which is a very complex concept, one I thought he may never understand. He loves to memorize the cable guide, and while we were away we brought the current guide with us. We crossed over from February into March and on Feb. 28th when I put Eric to bed he began to cry softly, when I asked him what's wrong (by the way we have totally reached a point where we expect him to answer after years of asking anyway, only to hear more screaming...) and he said, "It's March" and I said "Yes, tomorrow is March 1st" and he said "The cable guide!" and really began to cry, so I said "We can go tomorrow and get a new cable guide from the cable company ok?"

A little background that is probably not necessary for mothers of children with Autism, this sort of answer of "don't worry we'll take care of it" is not usually understood and will create more of a tantrum. But my son simply said "Ok, a new one tomorrow." I asked "are you happy?" he said "yes". This was the FIRST time in 10 years of his life that he ever asked for anything or that we took a trip to get him something he really wanted. We were so thrilled. This type of communication is now a regular occurrence at our house and has so lowered his frustration level that he is happier as our we.

My son did not even speak until he was 6 1/2 and that was nonsensical words and songs or tunes. He was somewhat echolalic as well but his language was very limited. He is now full of questions "where's daddy?" "where's

Mommy?" he says "I'm hungry" "it's my turn", where are we going?" he asked what time we'll be back home. he got the concept of days, months, years and seasons. He initiates boyish play with his older brother and wrestles with his younger sisters. He tickles them!

As I stated in my last email to you we have tried every treatment available, pretty much, nothing has changed the course of their lives like HBOT. Again I believe it's through prayer that God has allowed it to work for them, but it has been great. We have a ways to go because we are doing 250 treatments total, but cannot wait to see what every next set of treatments will bring. We noticed improvements in them steadily after the first round for up to almost the year after we went. My son who needed instruction for everything he did, now gets up in the morning, makes his bed, gets dressed, goes downstairs, makes his own breakfast, and his own sandwiches for lunch. We say "kids let's go" and he gets his socks, shoes and coat on by himself, grabs the diaper bag or whatever we're taking and heads out to the car with the rest of them. The other day I went way out on the limb and said "Eric, can you go downstairs and get me a cup of juice?" I waited, wondering if he would ever return, and moments later he appeared so proud with my drink in his hand, I ran down and asked my husband if he directed or helped him, he said he didn't even know what he was doing and watched him get the cup of juice and leave and knew it must have been for me because Eric will only drink water. How's that!!!

If I say Halleluiah, it's not enough, if I cry to the Lord with thanksgiving, it is not enough, if I try to explain how it is changing not only my children's lives but the whole families as well, I could not do it adequately. So much time effort and money has gone into my kids, especially my son, which was actually the easy part, the disappointment at failed therapies at times seemed to much to bear, I know mothers can relate to this feeling. This hopelessness. But I am more vocal now then the first time because, I wanted to be sure. I did not want to have some moms spend a fortune and a great portion of their heart on another failed treatment. I was cautious, but excited the first time around. I am anxiously awaiting a future now that I once only dreaded. The next thing I'd like to say is that I am trying to arrange less expensive treatments for moms who can't afford the high cost of HBOT. The chambers without the hoods like the one we have gone to in San Diego are the easiest and so my sister spoke to a mobile unit that is like the one we go to. I live near Galena Illinois. My thoughts are, because this type of chamber can hold either 4 or maybe his new one is 6 I can't remember right now, I figured moms could split the costs of treatments. There are many resort homes for rent in Galena, which have up to 8 bedrooms. My sister and I are going to arrange for the chamber to come here in July sometime and would arrange everything for moms and kids to stay in a house, where the chamber would be housed for 20 days, get the treatments and split the costs of everything. that way, not only could some do it sooner, but more frequently as well. Galena is 15 miles from Dubuque Iowa, to give moms an idea of where we're at. We have one family already joining and would very much like to help out others as well. Thank you for networking through your website. Sincerely,
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